

Apple Pie Oatmeal

Hands On: 10 minutes

Total Time: 20 minutes

Makes: 4 servings

INGREDIENTS:

2 cups (500 mL) Rougemont Mellow Apple Juice

1/2 tsp (2 mL) ground cinnamon (approx.)

2 cups (500 mL) large flake oatmeal

1 cup (250 mL) finely chopped red apple

1/4 cup (60 mL) Greek vanilla yogurt

DIRECTIONS:

1. **Bring** apple juice, 1 1/2 cups (375 mL) water and cinnamon to boil in saucepan. Stir in oatmeal and return to boil. Reduce heat; simmer, stirring occasionally, for 6 to 8 minutes or until oatmeal is tender. Let stand for 3 minutes.
2. **Serve** oatmeal with chopped apple and vanilla yogurt; sprinkle with additional cinnamon if desired.

Tips:

- This oatmeal is just as delicious made with Rougemont Apple Royal Gala Juice or Rougemont Not From Concentrate Juice.
- Use McIntosh or Royal Gala apples for their sweet and crunchy texture.
- Garnish with toasted chopped almonds or pecans if desired.